



1st International Pak Arthroplasty Conference

1st – 3rd December 2023 | Pearl Continental Hotel, Karachi



**SOUVENIR
BOOKLET**



CONFERENCE THEME
FROM PAIN TO MOBILITY: TRANSFORMING LIFE EVERY STEP

PAKISTAN ARTHROPLASTY SOCIETY

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Prof. Maj. Gen. (Rtd.) Sohail Hafeez

Head of Department of Orthopaedics
Shifa International Hospital
President Pakistan Arthroplasty Society
Chairman 1st Pakistan Arthroplasty Conference

On behalf of the Pakistan Arthroplasty Society, it is my distinct honor and privilege to extend a warm welcome to all of you, both from Pakistan and abroad, attending the 1st Pakistan Arthroplasty Conference here in Karachi. We are thrilled to have each and every one of you here, representing diverse perspectives, experiences, and cultures from around the globe. This conference is unique in that it has been organized by arthroplasty surgeons nationwide under the umbrella of the Pakistan Arthroplasty Society (PAS).

This gathering serves as a testament to the power of collaboration and the exchange of ideas on an international scale. Over the next three days, we will engage in meaningful discussions, share innovative research, and forge connections that have the potential to shape the future of arthroplasty globally.

PAS embarked on its journey in December 2012 as a group of ambitious arthroplasty surgeons with the vision to promote arthroplasty as a specialty in the country and to train young surgeons for excellence. To date, we have trained 8 international and 45 national fellows who are working in various hospitals within the country and abroad. A significant milestone for us was the introduction of the country's first national joint registry (PNJR) in 2014.

As a sibling organization of the Pakistan Orthopedic Association (POA), we have consistently contributed to the success and growth of the annual POA conference since its inception. This year, we've decided to host a separate arthroplasty conference, bringing together surgeons from around the world to share their experiences. The proceedings of this conference will include sessions on Primary and Revision knee, hip, shoulder, and ankle arthroplasty, comprising lectures, debates, discussions, and ample opportunities for interaction. This conference will feature special sessions for residents and trainees to showcase their research activities. One distinguishing feature is our invitation to implant manufacturers to showcase their products.

As we embark on this journey together, let us embrace the opportunity to learn from one another, to challenge our assumptions, and to explore new horizons. The richness of our collective experiences is the driving force behind the success of events like this. Let us foster an atmosphere of openness, respect, and collaboration, ensuring that every participant feels valued and heard.

We look forward to a week filled with insightful discussions, new friendships, and the advancement of knowledge that transcends borders.



ORGANIZING COMMITTEE

- | | |
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- Dr. Sobia Aziz
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FRCS (Tr & Orth), Trauma and Orthopedic Consultant
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Educational supervisor for University of Buckingham Medical School.
Faculty member for Royal College of Surgeons England surgical courses



2. Mr. Aamir Zubairy

FRCSI, FRCS (Eng), FRCS (Tr & Orth)
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3. Mr. Adeel Memon

Consultant Orthopedic Surgeon
Arthroplasty surgeon with special interest in foot and ankle
Cork University Hospital and Mater private Cork, Ireland



4. Dr. Afshin Taheri Azam

Associate Professor of Orthopedics
Islamic Azad University Tehran, Iran
Adult reconstruction of lower extremity and complex and revision hip surgery



5. Mr. Amir Qureshi

MBBCh, MRCS (Eng), FRCS (Tr and Orth)
Consultant Knee Surgeon with specialist interest in biological knee reconstruction
University Hospital Southampton, UK



6. Prof. David Choon

MBCHB (Sheffield University Medical School, UK)
FRCS (Royal College of Surgeon of England)
FMGEMS (Education Commission for Foreign Medical Graduates, USA)
Fellow Of Academy of Medicine Malaysia
UM Specialist Centre, Malaysia



7. Mr. Duncan Whitwell

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Limb salvage
Orthopedic oncology
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8. Dr. Fatih Kucuk Durmaz

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9. Dr. Irfan M. Rajput

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10. Dr. Lewis PK Chan

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11. Dr. Mahmoud Hafez

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Locum Consultant Orthopaedic Surgeon NHS hospitals, UK Visiting Professor of
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12. Mr. Munawar Shah

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14. Mr. Rehan Gul

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15. Prof. Sebastien Lustig

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16. Mr. Shahzad Sadiq

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19. Mr. Tariq Zaman

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20. Dr. Umar Burney

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21. Mr. Waseem Sardar Khan

FRCS (Tr & Orth), MSc Orthopaedic Engineering, PhD Stem Cell Biology and
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22. Dr. Yoshi Pratama

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Founding Chairman AO Spine Pakistan Chapter



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Fellowship in Ilizarov and extremity reconstruction,
Fellowship in Shoulder and Elbow Surgery,
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24. Prof. Maratib Ali

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25. Prof. Masood Umer

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35. Dr. Saifullah Soomro

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Former Fellow, Paediatric Orthopaedic Surgery, SickKids, University of Toronto,
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40. Prof. Suhail Amin

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41. Prof. Syed Shahid Noor

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42. Dr. Tariq Hasni

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43. Dr. Tashfeen Ahmed

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44. Dr. Umair Nadeem

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45. Dr. Usman Nazir Gill

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46. Dr. Wajahat Kamal

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47. Dr. Yasir Mustafa Khan

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48. Dr. Yasir Pervez

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49. Dr. Zaki Idrees

Dr. Zaki Idrees
MBBS, FRCS
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50. Dr. Zeeshan Khan

MBBS, MRCPS (Glasgow), MRCS (Edinburgh), FRCS (Edinburgh), Fellowship
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PAS INTERNATIONAL FELLOWS

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Dr. Syed Amir Ali Shah

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Linkou, Taiwan.



Dr. Imran Bukhari

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Singapore.



Dr. Waqas Ali

University Hospital of Leicester
NHS Trust, UK



Dr. Muhammad Yasir Pervez

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Fellowship, Sydney, Australia



Dr. Irfan Muhammad Rajput

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Dr. Muhammad Jahangir Riaz

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PAS NATIONAL REVISION ARTHROPLASTY FELLOW

Dr. Nasir Ahmed

LNH, Karachi



PAS NATIONAL FELLOWS

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LNH & MC, Karachi



Dr. Obaid-ur-Rehman

CMH, Rawalpindi



Dr. Roohullah Jan

CMH, Rawalpindi



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Dr. Muhammad Jahangir Riaz

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PAS NATIONAL FELLOWS

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Dr. Ghazanfar Ali Shah

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Dr. Syed Kashif Mehdi

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Dr. Sher Afgan

GTTH, Lahore



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Dr. Kashif Siddiq

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Dr. M. Irshad Khan

QIH, Islamabad



Dr. Hafiz Azhar Hussain

CMH, Rawalpindi



Dr. Ali Amjed Shifa

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PAS NATIONAL FELLOWS

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Dr. Aziz ur Rehman

CMH, Rawalpindi



Dr. Akram M. Aliuddin

LNH & ISO, Karachi



Dr. Mehroze Zamir

LNH, Karachi



Dr. Vickash Kumar

ISO & South City Hospital, Karachi



Dr. Saifullah Soomro

Shifa International Hospital
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Dr. Usman nazir gill

LNH & ISO, Karachi



Dr. Shahjaha Syed

LNH & ISO, Karachi



Dr. Mohsin Javid

CMH, Rawalpindi



Dr. Faisal Iqbal

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PAS NATIONAL FELLOWS

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Dr. Muhammad Shehryar Zia

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PAS NATIONAL FELLOWS

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Dr. Nauman Abbas

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Dr. Imran Shabir Mughal

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Dr. Noman Shakeel Niazi

GTTH, Lahore



Dr. Irfan Muhammad Rajput

IOS, Karachi



SCIENTIFIC PROGRAMME

Schedule	Day 1 Friday 1 st Dec 2023	Day 2 Saturday 2 nd Dec 2023	Day 3 Sunday 3 rd Dec 2023
Meet the Expert	07:30 - 08:00	07:30 - 08:00	07:30 - 08:00
Free Papers 08:00 - 08:30	Moderator: Mehroze Zamir Panel: Masood Umer, Muhammad Sufyan, Israr Ahmed, Asif Peracha, Muhammad Asfar	Moderator: Vikash Singh Panel: Masood Umer, Muhammad Sufyan, Israr Ahmed, Asif Peracha, Muhammad Asfar	Moderator: Muhammad Akram Panel: Masood Umer, Muhammad Sufyan, Israr Ahmed, Asif Peracha, Muhammad Asfar
	Primary THA Session 1 (70 mins) Moderator: Imran Qaisrani Chair: David Choon Co Chair: Zaki Idrees Debates (55 mins) Moderator: Masood Umer Chair: Tanveer Sadique Co Chair: Yoshi Paratma	UKA Updates (60 mins) Moderator: Imran Bukhari Chair: Mujahid Jamil Co Chair: Faisal Qamar Arthroplasty - Future (65 mins) Moderator: Yasir Pervez Chair: Waseem Sardar Khan Co Chair: Shahryar Noordin	Shoulder & Elbow Arthroplasty (120 mins) Moderator: Muhammad Sufyan Chair: Khalid Masood Co Chair: Munawar Shah
Tea Break	10:35 - 10:45	10:35 - 10:50	10:45 - 10:55
	Primary THA Session 2 (90 mins) Moderator: Kashif Siddiq Chair: Shahzad Sadiq Co Chair: Rehan Gul Burning Questions (45 mins) Moderator: Zeeshan Khan Panel: Faculty Members	Primary TKA Session 1 (60 mins) Moderator: Ghazanfar Ali Shah Chair: Riaz Lakdawala Co Chair: Nomaan Sheikh Lets Debate (50 mins) Moderator: Shahjehan Sial Chair: Suhail Amin Co Chair: Aamir Nisar	Foot & Ankle Arthroplasty (120 mins) Moderator: Ghazanfar Ali Shah Chair: Riaz Lakdawala Co Chair: Nomaan Sheikh
Lunch & Prayer	13:00 - 14:30	12:40 - 14:00	12:45 - 14:00
	Revision THA (90 mins) Moderator: Imran Ali Shah Chair: Maratib Ali Co-Chair: Afshin Taheriazam	Primary TKA Session 2 (60 mins) Moderator: Nasir Ahmed Chair: Amir Qureshi Co Chair: Mahmoud Hafez Can we agree (40 mins) Moderator: Kazim Rahim Chair: Fatih Kucukdurmaz Co Chair: Faridullah Zimri	Young Arthroplasty Corner (90 mins) Moderator: Saifullah Soomro Chair: Badaruddin Sahito Co-Chair: Amir Ali Shah
Tea Break	16:00 - 16:10	15:40 - 15:50	-----
	PJI Symposium (80 mins) Moderator: Mansoor Ali Khan Chair: Abubakar Siddiq Co Chair: Amin Chinoy Ask the Expert (30 mins) Moderator: Arif Khan Panel: Faculty Members	Revision TKA (90 mins) Moderator: Masood Umer Chair: Sohail Hafeez Co Chair: Faisal Masood Case Discussion (30 mins) Moderator: Shahid Noor Panel: Faculty Members	Interviews Session PAS National Fellowship 10.00-11.00 PAS International Fellow- ship 11.00-12.00 PAS Clinical Attachment 12.00-13.00



Day 1 - Meet the Expert/Registration/Free Papers		
07:30 - 08:30	Day 1 - Meet the Expert/Registration/Free Papers	
08:00 - 08:30	Free Paper Session	
08:00 - 08:05	Anthropometry of proximal tibia in patients undergoing total knee replacement in a tertiary care hospital.	Dr. Salman Javed
08:05 - 08:10	Is tranexamic acid safe in hip hemiarthroplasty? A review	Mohammad Mustafa
08:10 - 08:15	Mid-term survivorship and functional outcome of Austin moore and bipolar hemiarthroplasty in Patients with femoral neck fractures.	Dr. Sobia Aziz
08:15 - 08:20	Complex hip arthroplasty following failed proximal Femur osteosynthesis - our experience.	Dr. Shahzeb Riaz
08:20 - 08:25	Patients undergoing total hip replacement in a rural health care setup- our experience.	Dr. Shahjahan Siyal
08:25 - 08:30	Summaries	
Primary THA Session 1		
08:30 - 08:40	Welcome	
08:40 - 08:50	Hip preservation in the young adult: Pakistan experience	Dr. Umair Nadeem
08:50 - 09:00	Let's save the hip: When and How? - UK Experience	Dr. Tahir Khan
09:00 - 09:10	How to ensure correct placement of cup and stem in primary THA?	Dr. Hafiz Javed
09:10 - 09:20	Complex Primary Hip Arthroplasty- UK Experience	Mr. Tanveer Sadique
09:20 - 09:30	Complex Primary Hip Arthroplasty- Ireland Experience	Mr. Rehan Gul
09:30 - 09:40	Complex Primary Hip Arthroplasty- Pakistan Experience	Prof. S. Shahid Noor
Debates		
09:40 - 09:55 Debate 1	Posterior approach is the way Lateral Harding is my favourite Anterior Approach is the new iphone	Mr. Aabid Sanaullah Mr. Tanveer Sadique Dr. Umar Burney
09:55 - 10:10 Debate 2	I do Cemented THA only Uncemented THA for life I do Hybrid THA	Prof. David Choon Mr. Rehan Gul Mr. Aabid Sanaullah
10:10 - 10:20 Debate 3	Elderly NOF fractures: Let's do a THR Hip Hemiarthroplasty is more than enough	Prof. Mansoor Ali Khan Prof. Naeem Ahmed
10:20 - 10:35	Tea Break	
Primary THA Session 2		
10:35 - 10:45	Enhanced recovery after THR: early experience	Dr. Yoshi Pratama
10:45 - 10:55	Spino-pelvic alignment issues in patient undergoing THA	Prof. M. Arif Khan
10:55 - 11:05	Which implant to use in young adult – An Evidence based approach	Prof. Tahir Khan
11:05 - 11:15	Total hip arthroplasty after failed proximal femur osteosynthesis	Prof. Pervaiz Hashmi
11:15 - 11:25	Total hip arthroplasty after Acetabular fracture fixation failure	Dr. Afshin Teheriazam



11:25 - 11:35	Total hip arthroplasty in Neglected Traumatic Hip Dislocation	Dr. Irfan M. Rajput
11:35 - 11:45	Total hip arthroplasty - Challenges in DDH type 4 high dislocations	Dr. Afshin Teheriazam
11:45 - 11:55	Preventing dislocation with dual mobility? future and long-term results	Mr. Shahzad Sadiq
11:55 - 12:05	Robotic-assisted THA : A game changer in complex THA	Dr. Lewis PK Chan
Burning Questions		
12:05 - 12:45	Panel of 8 experts will answer 5 hot and controversial issues: David Choon / Lewis PK Chan/ Shahzad Sadiq / Mahmoud Hafez / Afshin Teheriazam / Rehan Gul/Mujahid Jamil	
Question 1	My Indications for using Dual Mobility Cup	
Question 2	What is your choice for bearing surface for young patients, (Your experience about oxinium heads)	
Question 3	I do hips conventionally or using navigation or robot	
Question 4	BI Periprosthetic Femoral Fractures - Your Practice	
Question 5	How long do you give antibiotics after second stage of infective revisions	
12:45 - 14:30	Lunch & Prayer	
Revision THA Session		
14:30 - 14:40	When and why I do cemented or uncemented implant in my revisions	Dr. M. Zeeshan Khan
14:40 - 14:50	Proximal femur reconstruction in a public sector hospital - my experience	Dr. Badaruddin Sahito
14:50 - 15:00	Periprosthetic fractures around hip implant-burden on NHS and management	Mr. Shahzad Sadiq
15:00 - 15:10	Modular Wagner stem is my workhorse femur reconstruction	Prof. Amer Aziz
15:10 - 15:20	Managing the recurrent THA dislocation	Dr. Rami Sorial
15:20 - 15:30	Fusion take-down and total hip replacement	Dr. Afshin Teheriazam
15:30 - 15:40	Impaction bone grafting and bone restoration in revision surgery in young patients	Mr. Shahzad Sadiq
15:40 - 15:50	My algorithm for managing bone loss in acetabulum in revision THR	Mr. Duncan Whitwell
15:50 - 16:00	Custom Triflange acetabular reconstruction for acetabular bone loss in 3B and pelvic discontinuity	Prof. S. Shahid Noor
16:00 - 16:10	Tea Break	
PJI Symposium		
16:10 - 16:20	All About Regional Bacterial Strain and Joint Microbiome and Antibiotic Efficacy	Prof. M. Amin Chinoy
16:20 - 16:30	Prevention of PJI: my ten-step approach	Dr. Javad Parvizi



16:30 - 16:40	Diagnosis of PJI, why is it difficult?	Dr. Fatih Küçükdurmaz
16:40 - 16:50	Would you dare to DAIR ? What is the Evidence?	Mr. Duncan Whitwell
16:50 - 17:00	Spacers: Custom vs Static vs Articulating for PJI of hip or knee	Mr. Nomaan Sheikh
17:00 - 17:10	Two Stage Revision Arthroplasty - The Gold Standard for PJI	Prof. S. Shahid Noor
17:10 - 17:20	Single Stage Revision for PJI – How I do it?	Mr. Duncan Whitwell
17:20 - 17:30	Atypical management of Atypical organisms in PJI	Dr. M. Kazim R. Najjad
Ask the Expert		
17:30 - 18:00	Audience Questions	

07:30 - 08:30	Day 2 - Meet the Expert/Registration/Free Papers	
08:00 - 08:30	Free Papers Session	
08:00 - 08:05	Health Related Quality of Life and Functional Outcomes of patients who underwent Dual Mobility cup Total Hip Arthroplasty.	Dr. Jagdish Kumar
08:05 - 08:10	Clinical Outcomes and proms in Primary Total Knee Arthroplasty: A Prospective Analysis of 41 Patients.	Dr. Osama Bin Saeed
08:10 - 08:15	Functional outcome of total knee Replacement in pre-existing complex Primary knee deformities: our experience in Pakistan.	Dr. Sobia Aziz
08:15 - 08:20	Comparative Meta-Analysis of Outcomes between Dual Mobility and Standard Total Hip Replacement: Improving Stability and Patient Satisfaction.	Dr. Aftab Alam
08:20 - 08:25	Two stage revision total knee arthroplasty for prosthetic joint infection, our midterm results.	Dr. Osama Laeeque
08:25 - 08:30	Summaries	
UKA Updates		
08:30 - 08:40	Welcome	
08:40 - 08:50	Partial knee replacement, total solution to partial problem, AKU experience	Dr. Mujahid Jamil
08:50 - 09:00	UKA done as a day care procedure: Pakistan experience	Dr. Faisal Qamar
09:00 - 09:10	Mobile bearing technique and outcomes in Oxford UKA	Mr. Duncan Whitwell
09:10 - 09:20	Robotic-assisted UKA : A game changer	Dr. Lewis PK Chan
09:20 - 09:30	Robotic-assisted UKA : Technique and Outcome	Dr. Sebastian Lustig
09:30 - 09:40 Debate	Isolated medial compartment OA: HTO is great UKA is indicated	Mr. Amir Qureshi Mr. Duncan Whitwell



Future of Arthroplasty		
09:40 - 09:50	The Role of Artificial Intelligence in Arthroplasty: Future or Fiction?	Mr. Amir Qureshi
09:50 - 10:00	The evolution of technology over the last decade in TKA	Dr. Rami Sorial
10:00 - 10:10	I jumped to robotic surgery - why you should too	Dr. Lewis PK Chan
10:10 - 10:20	Should orthopaedic surgeons be responsible for the total care of his patient?	Prof. David Choon
10:20 - 10:32 Debate 1	Enhanced Recovery After Surgery is the way forward Conventional post-op protocol works well in our setup	Dr. Faisal Qamar Dr. S. Imran Bukhary
10:32 - 10:45 Debate 2	In the era of robotics: There is still a place for PSI TKA In the era of robotics: There is no need of PSI anymore	Dr. Mahmoud Hafez Dr. Lewis PK Chan
10:45 - 11:00	Tea Break	
Primary TKA Session 1		
11:00 - 11:10	Primary TKA: How to ensure a winner every time	Prof. Riaz Lakdawala
11:10 - 11:20	Knee joint preservation in arthritic knee: when and how?	Mr. Amir Qureshi
11:20 - 11:30	Knee alignment overview: "How did we get into this mess?"	Dr. Dermot Collopy
11:30 - 11:40	TKA in a rheumatoid knee: My approach from outpatients till discharge.	Prof. Sohail Hafeez
11:40 - 11:50	TKA in varus knee deformity	Dr. Nasir Ahmed
11:50 - 12:00	TKA in valgus knee deformity	Prof. Shahryar Noordin
Lets Debate		
12:00 - 12:10 Debate 1	There is no need to resurface patella - Evidence I always resurface patella - Evidence	Dr. Yasir Mustafa Khan Dr. Kazim R. Najjad
12:10 - 12:20 Debate 2	All poly-tibia TKA works just the same if not better Metal backed poly are the gold standard- why?	Mr. Shahzad Javed Prof. Masood Umer
12:20 - 12:30 Debate 3	Mechanical Alignment in TKA is Gold Standard Why is Alternative Alignment worth considering?	Dr. Awal Hakeem Dr. Amir Nisar
12:30 - 12:40 Debate 4	PS liner are gold standard Medial Pivot poly works great	Dr. Israr Ahmed Mr. Rehan Gul
12:40 - 12:50 Debate 5	Isolated Medial Compartment OA above 60: UKA is the best option TKA is reliable	Dr. Hafiz Javed Dr. M. Imran Haider
12:50 - 14:10	Lunch & Prayer	
Primary TKA Session 2		
14:10 - 14:20	Role of PSI in complex TKA	Mr. Rehan Gul
14:20 - 14:30	Complex TKA in Posttraumatic Arthritis	Mr. Nomaan Sheikh
14:30 - 14:40	Surgical challenges in complex primary total knee Arthroplasty	Mr. Tanveer Sadique
14:40 - 14:50	TKA for severe extra articular deformities: What to do and what to expect?	Dr. Mahmoud Hafez



14:50 - 15:00	TKA in patients with advance knee OA and Stress fracture of proximal tibia	Dr. Usman Gill
15:00 - 15:10	Complex primary TKA in moderate tibial plateau bone defects (AORI 2): I do bone graft - long term outcome I use Augments - long term outcome	Prof. Maratib Ali Dr. Muhammad Hanif
Case Discussion		
15:10 - 15:30	Case Discussion	Dr. Mahmoud Hafeez
15:30 - 15:50	Case Discussion	Mr. Rehan Gul
15:50 - 16:00	Tea Break	
Revision TKA Session		
16:00 - 16:10	How to assess and manage the unhappy TKA	Dr. M. Zeeshan Khan
16:10 - 16:20	Revision Total Knee Arthroplasty – My Ten Step Approach	Dr. Rhidian Morgan Jones
16:20 - 16:30	Revising the failed UKA to TKA	Mr. Duncan Whitwell
16:30 - 16:40	Post TKA instability: What to see and what to do?	Mr. Waseem Sardar Khan
16:40 - 16:50	Extensor Mechanism Disruption after TKA	Prof. Suhail Amin
16:50 - 17:00	Periprosthetic fracture TKA - How to use nail/plate stabilisation around knee	Mr. Nomaan Sheikh
17:00 - 17:10	How to manage bone loss in Revision TKA – concept of Zonal Fixation	Dr. Rhidian Morgan Jones
17:10 - 17:20	Quadriceps snip is my work horse for Exposing tight knee Tibial Tubercle osteotomy solve my problem of exposure	Prof. M. Amin Chinoy Dr. Nasir Ahmed
Case Discussion		
17:20 - 17:35	Case Discussion 1	Prof. S. Shahid Noor
17:35 - 17:50	Case Discussion 2	Mr. Waseem Sardar Khan

07:30 - 08:30	Day 3- Meet the Expert/Registration/Free Papers	
08:00 - 08:30	Free Papers Session	
08:05 - 08:10	Comparison of Cemented vs. Cement less total hip arthroplasty on Clinical and Functional Parameters in Elderly Patients with Hip OA: 5-year retrospective study	Dr. Shahzad Waqas
08:10 - 08:15	Frequency of limb length discrepancy (LLD) after Total Hip Arthroplasty	Dr. Abidullah
08:15 - 08:20	Intra-articular vs IV tranexamic acid in Total Knee Arthroplasty (TKA)	Dr. Ahmed Furqan
08:20 - 08:25	Single-stage versus two-stage exchange for revision knee arthroplasty for chronic periprosthetic infection.	Dr. Shahzad Waqas
08:25 - 08:30	Summaries	



Shoulder & Elbow Arthroplasty		
08:30 - 08:40	Welcome	
08:40 - 08:50	Where does Upper limb arthroplasty stand in Pakistan	Prof. Khalid Masood
08:50 - 09:00	Shoulder is not a hip	Mr. Munawar Shah
09:00 - 09:10	Indications for shoulder arthroplasty	Prof. Intikhab Taufiq
09:10 - 09:20	Understanding the anatomy and function Evolution of Shoulder Prosthesis	Mr. Tariq Zaman
09:20 - 09:30	How I do an anatomical shoulder?	Dr. Muhammad Sufyan
09:30 - 09:40	How I do a reverse shoulder?	Dr. Fareed Ullah Zimri
09:40 - 09:50	Planning Revision in Shoulder	Mr. Tariq Zaman
09:50 - 10:00 Debate	Proximal Humerus Fractures: I would do reverse shoulder replacement Hemi - is not out of the armamentarium	Prof. Pervaiz Hashmi Dr. Idrees Shah
10:00 - 10:10	Outcome of Hemi in Trauma in Pakistan	Prof. Amer Aziz
10:10 - 10:20	Indications of Elbow Arthroplasty	Prof. S. Kamran Ahmed
10:20 - 10:30	How does the design of TER implants alters the outcome of TER	Dr. Nasir Shah
10:30 - 10:40	How I do a total elbow replacement?	Mr. Munawar Shah
10:40 - 10:55	Tea Break	
Foot & Ankle Arthroplasty		
10:55 - 11:05	History of TAR, Types of Prosthesis, Survivorship based on Joint registries	Mr. Aamir Zubairy
11:05 - 11:15	Ankle arthroplasty: When and Why?	Mr. Adeel Memon
11:15 - 11:25	Surgical approaches of ankle arthroplasty	Dr. Rizwan Haroon
11:25 - 11:35	Management of TAR complications	Mr. Aamir Zubairy
11:35 - 11:45	TAR Failure and Revision	Dr. Selene Parekh
11:45 - 11:55	Tips and Tricks for a successful Ankle Arthroplasty	Mr. Haroon Majeed
11:55 - 12:05	TAR-Associated procedures	Mr. Aamir Zubairy
12:05 - 12:15 Debate	Ankle OA: Ankle arthroplasty is the Solution Arthrodesis works Great	Mr. Adeel Memon Dr. Rizwan Haroon
12:15 - 12:25	Ankle arthroplasty after ankle arthrodesis, does it work?	Mr. Adeel Memon
12:25 - 12:35	The effect of osteotomies for the treatment of ankle osteoarthritis	Dr. Tashfeen Ahmed
12:35 - 12:45	MTPJ and IPJ replacement	Mr. Rehan Gul
12:45 - 14:00	Lunch & Prayer	



Young Arthroplasty Corner		
Lectures		
14:00 - 14:10	Allograft reconstruction of acetabular defect in revision Total Hip Replacement - My Experience	Dr. Muhammad Hanif
14:10 - 14:20	Arthroplasty in a tertiary care setup in rural area - My Experience	Dr. Shahjahan Siyal
14:20 - 14:30	Use of Mega Implants in Tumour cases - My Experience	Dr. Anwar Ali Jilani
Debates		
14:30 - 14:40 Debate 1	Varus Correction Pie Crusting of MCL is my preferred Method Medial Epicondylar Osteotomy worth learning	Dr. M. Imran Haider Dr. S. Wajahat Kamal
14:40 - 14:50 Debate 2	Quadriceps sparing approach in TKA has benefits in early rehabilitation All approaches have similar outcomes	Dr. Kashif Siddiq Dr. Saifullah Soomro
14:50 - 15:00 Debate 3	Standard flexion knee is the gold standard (Posterior stabilising) High flex knee is the way forward Medial pivot is the new philosophy	Dr. Tariq Hasni Dr. Mehroze Zamir Dr. M. Yasir Pervez
Free Papers		
15:00 - 15:05	Efficacy of IV bolus of tranexamic acid in reducing blood loss in THR	Dr. Saad Farooq
15:05 - 15:10	Pain management after total knee arthroplasty using multimodal opioid-sparing approach	Dr. Ghulam Murtaza
15:10 - 15:15	Epidemiology of hip arthroplasty in young population	Dr. S. Imran Bukhari
15:15 - 15:20	Comparing the outcomes of arthroplasty procedures performed in low- and middle-income countries versus high-income countries	Dr. Muhammad Muzzammil
15:20 - 15:25	Comparison in quality of life and pain between fixed and mobile bearing implants in Total Knee Arthroplasty (TKA)	Dr. Zohaib Nadeem
15:25 - 15:30	Comparison of Moore's approach versus Hardinge approach in THA	Dr. Syed Ali Raza
15:30 - 15:35	Trends in management of femoral neck fractures in > 50 years old	Dr. S. Imran Bukhari
15:35 - 15:40	Out come of Midvastus verses Sub vastus Approaches in single stage bilateral total knee arthroplasty	Dr. Kashif Siddiq



CONFERENCE HIGHLIGHTS

INAUGURATION DINNER (1ST December 2023)

MARQUEE HALL, PEARL CONTINENTAL HOTEL, KARACHI

Shields and certificate distribution to our International and national faculty members

Arthroplasty pioneer awards presented to:



Prof. I.A. Jokhio



Dr. Ghazanfar Ali Shah



Prof. Muhammad Umar

DAY 2 DINNER (2ND December 2023)

MOVENPICK HOTEL, KARACHI

Certificates and souvenir presentation for past Pakistan Arthroplasty Society (PAS) fellows



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Reflux esophagitis	30mg OD	4 weeks
Eradicate <i>H. pylori</i>	30mg BD	1 week
Treatment of NSAIDs associated gastric & duodenal ulcer.	30mg OD	4 weeks



References:
 1. Kawanishi T, Shiroki T, Sanbongi K, Miyata K, Horiuchi K. Clinical effectiveness and safety of lansoprazole in Japanese patients with gastroesophageal reflux disease and dyspepsia. *Journal of gastroenterology*. 2014 Apr;49(4):678-87.
 2. Richter JE, Richter VA, Smyth GT, Heaton KW, Huang B, Hershiko D. Comparing lansoprazole and omeprazole in short- and long-term control of symptoms of gastroesophageal reflux disease in patients with erosive esophagitis. *Journal of gastroenterology*. 2003;38(11):1488-95.
 3. Hoshino M, Tsuboyama T, Kato M, Ishii H, Kawanishi T, Fukuoka T, Fukuda T, Nakamura T, Nakagaki K, Shimoyama T, Sakurai A. Multicenter, double-blind study on triple therapy with lansoprazole, amoxicillin and clarithromycin for eradication of *Helicobacter pylori* in Japanese public oral patients. *Helicobacter*. 2007;12(6):523-32.



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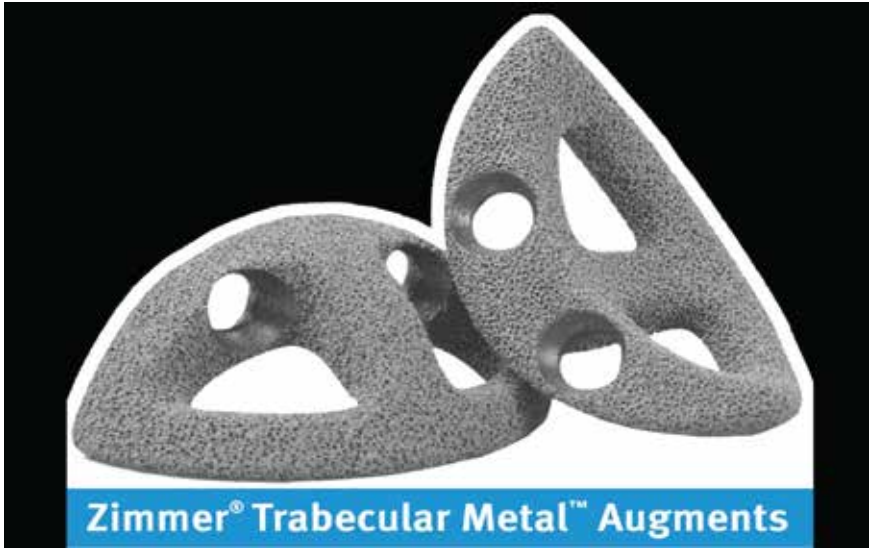
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